

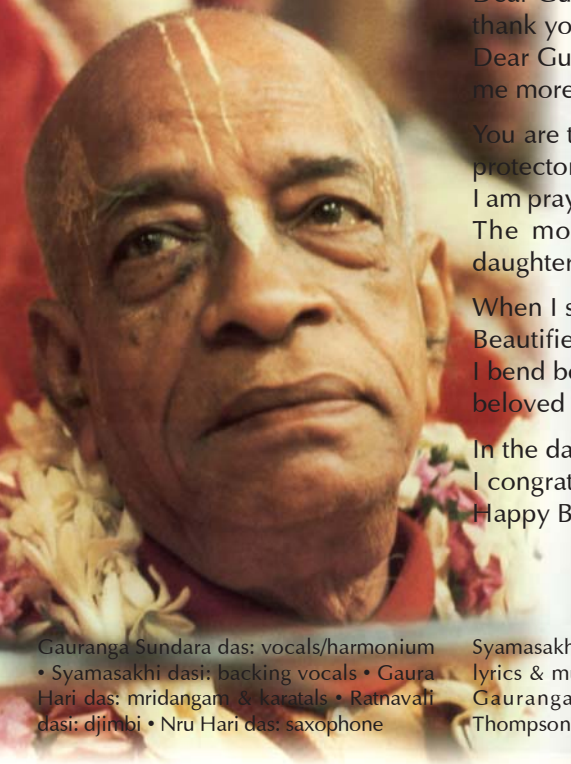
GIRI LAL BAND



FOLLOW · YOUR · HEART

## 1. HARE KRISHNA KIRTAN

(Vrindavan melody)



Gauranga Sundara das: vocals/harmonium  
• Syamasakhi dasi: backing vocals • Gaura  
Hari das: mridangam & karatals • Ratnavali  
dasi: djiribi • Nru Hari das: saxophone

## 2. HAPPY BIRTHDAY, GURUDEV!

Dear Gurudev, I would like to  
thank you for my life.

Dear Gurudev, You have saved  
me more than once.

You are the ocean of mercy, the  
protector of conditioned souls.  
I am praying for the drop of Nectar.  
The most fallen, your spiritual  
daughter.

When I see your Lotus Face  
Beautified with sweet smiles  
I bend below Grace Gurudev, my  
beloved master.

In the day of your appearance  
I congratulate you.

Happy Birthday, Gurudev!

Syamasakhi dasi: vocals/acoustic guitar/  
lyrics & music • Duncan Fisk: keyboards •  
Gauranga Sundara das: flute • James  
Thompson: violin

### 3. HARE KRISHNA (Prahlad's melody)

HARE KRISHNA  
HARE KRISHNA  
KRISHNA KRISHNA  
HARE HARE  
HARE RAMA  
HARE RAMA  
RAMA RAMA  
HARE HARE

“Oh Lord!  
Oh energy of the Lord!  
Please engage me  
in Your service.”

Syamasakhi dasi: vocal, harmonium • Gaura Hari das: mridangam • Ratnavali dasi: djimbi • Gauranga Sundara das: karatals • Nru Hari das: saxophone

### 4. GURUDEV: KRIPA BINDU DIYA

*Gurudev!  
kripa bindu diya, koro ei dase,  
trinapekha ati hina  
sakala sahane, bala diya koro,  
nija-mane spriha-hina*

*sakale sammana korite sakati  
deho'natha! jathhajatha  
tabeto'gaibo harinama sukhe  
aparatha ha'be hat*

*kabe heno kripa, labhiya e jana  
kritartha hoibe, natha!  
sakti-budhi hina, ami ati dina  
koro more atma-sath*

*jogyata-vicare, kichu nahi pai  
tomara koruna sara  
karuna na hoile, kandiya kandiya  
prana na rahibo ara*

Syamasakhi dasi: vocals, harmonium • Gaura Hari das: mridangam • Ratnavali dasi: djimbi • Gauranga Sundara das: karatals • James Thompson: violin • Duncan Fisk: key-boards


## 4. GURUDEV cont. - (translation) 5. HARE KRISHNA KIRTAN

Gurudeva, Give to this servant just a drop of mercy. I am lower than a blade of grass. Give me all help. Give me strength.

Let me be as you are, without material desires or aspirations. I offer you all respects, for thus I may have energy to know you correctly. Then, by chanting the holy name in great ecstasy, all my offences will cease.

When will such mercy fall to this one who is weak and devoid of intelligence? Allow me to be with you.

If you examine me, you will find no qualities. Your mercy is all that I am made of. If you are not merciful unto me, I can only weep and I will not be able to maintain my life.



HARE KRISHNA HARE KRISHNA  
KRISHNA KRISHNA HARE HARE  
HARE RAMA HARE RAMA  
RAMA RAMA HARE HARE

Gauranga Sundara das: vocal, harmonium  
• Syamasakhi dasi: backing vocal • Gaura  
Hari das: mridangam • Ratnavali dasi: djimbi  
• Nru Hari das: saxophone



## 6. NRISIMHADEV

*namas te narasimhaya  
prahladahlada-dayine  
hiranyakasiopor vaksah  
sila tanka-nakalaye*

*ito nrisimhah parato nrisimho  
yato yato yami tato nrisimho  
bahir nrisimho hridaye nrisimho  
nrisimham adim  
saranam prapadim*

I offer my humble obeisances to Lord Narasimha, who gives joy to Prahlada Maharaja and whose nails are like chisels on the stone like chest of the demon Hiranyakasiipu.

Lord Nrisimha is here and also there. Wherever I go Lord Nrisimha is there. He is in my heart and is outside as well.

I surrender to Lord Nrisimha, the origin of all the things and the supreme refuge.



Syamasakhi dasi: vocal, harmonium • Gaura Hari das: mridangam • Ratnavali dasi: djimbi • Gauranga Sundara das: karatals • James Thompson: violin

## 7.GOVINDA!

I am the radiance of the sun  
I am the light of the moon  
I am the offering, the fire and  
the offering spoon.

### *refrain*

O, Govinda within my heart  
Let us never be apart.

The sustainer, the ultimate goal,  
The abode & the friend of all.  
Airavata and the banyan tree,  
The sun, the moon, so you can see.

Of creators I am Brahma,  
Of the rivers I am the Ganga,  
Among the beasts I am the lion,  
Of subduers I am the time.

Of all the letters I am "A",  
Of all the ladies I am fame,  
Try to chant the holy name  
You will never be the same.

Syamasakhi dasi: vocal, acoustic guitar •  
Vaughn Fuller: backing vocal • Gauranga  
Sundara das: flute, lyrics & music • Duncan  
Fisk: keyboards

## 8. NITYANANDA

In the day of your appearance  
My dear Nityananda,  
Take all the congratulations  
All my love and all my joy

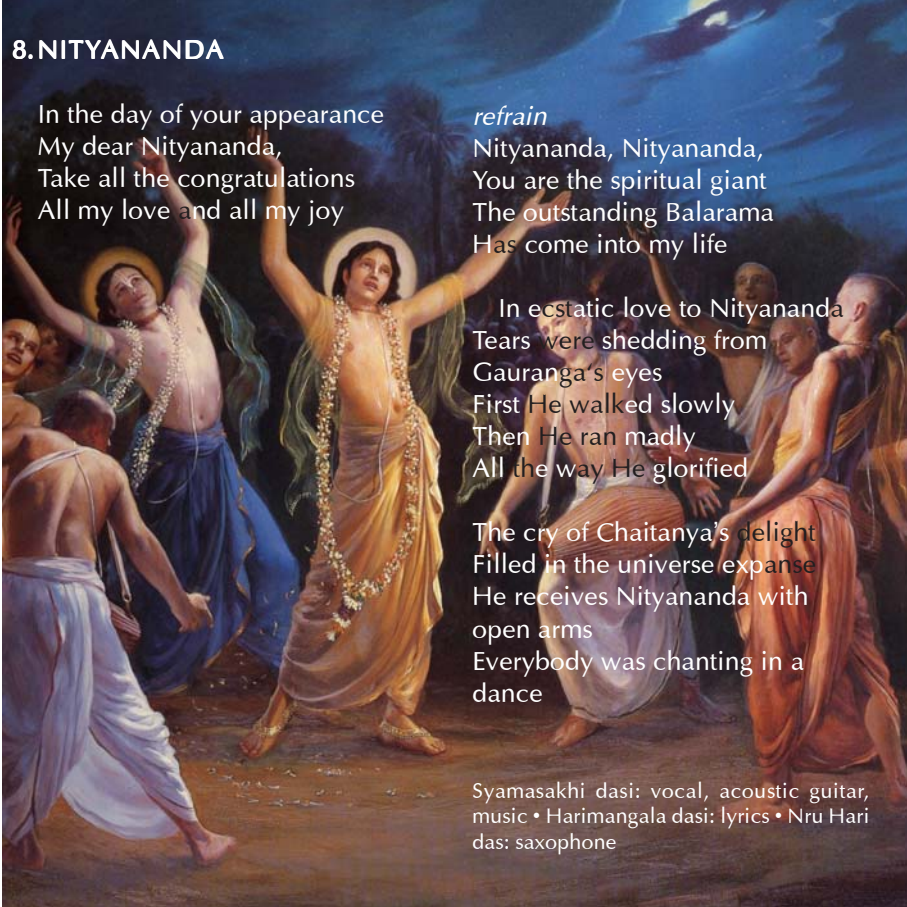
*refrain*

Nityananda, Nityananda,  
You are the spiritual giant  
The outstanding Balarama  
Has come into my life

In ecstatic love to Nityananda  
Tears were shedding from  
Gauranga's eyes  
First He walked slowly  
Then He ran madly  
All the way He glorified

The cry of Chaitanya's delight  
Filled in the universe expanse  
He receives Nityananda with  
open arms  
Everybody was chanting in a  
dance

Syamasakhi dasi: vocal, acoustic guitar,  
music • Harimangala dasi: lyrics • Nru Hari  
das: saxophone







# GIRI LAL BAND

**Gauranga Sundara das:** vocal, harmonium, karatals, flute • **Syamasakhi dasi:** vocal, harmonium, acoustic guitar • **Gaura Hari das:** mridangam, karatals • **Ratnavali dasi:** djimbi  
**Nru Hari das:** saxophone • **James Thompson:** violin • **Duncan Fisk:** keyboards • **Vaughn Fuller:** technical, recording engineer, backing vocal • **Vince Lane:** mix down.

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Produced by **Gauranga Sundara das**. Special thanks to **Giridhari** prabhu for his hospitality and the opportunity to record at the Festival Headquarters. Much appreciated. Very special thanks to **Pragnesh Lakhani** for his generous sponsorship of the album: "Our service is dedicated to Krishna and to the memory of our dear father, Shree Vajubhai Jannadas Lakhani. Haribol, Pragnesh."



INTERNATIONAL SOCIETY for KRISHNA CONSCIOUSNESS  
Founder-Fcharya : His Divine Grace A.C. Bhaktivedanta Swami Prabhupada

HARE KRISHNA  
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KRISHNA KRISHNA  
HARE HARE



HARE RAMA  
HARE RAMA  
RAMA RAMA  
HARE HARE

# FOLLOW · YOUR · HEART

- |  |       |
|--|-------|
| 1. HARE KRISHNA KIRTAN<br>(Vrindavan melody) | 10:54 |
| 2. HAPPY BIRTHDAY, GURUDEV!                  | 4:19  |
| 3. HARE KRISHNA (Prahlad's tune)             | 8:36  |
| 4. GURUDEV, KRIPA BINDU DIYA                 | 6:36  |
| 5. HARE KRISHNA KIRTAN                       | 6:37  |
| 6. NRISIMHADEV                               | 5:25  |
| 7. GOVINDA!                                  | 4:01  |
| 8. NITYANANDA                                | 5:40  |

# GIRI LAL BAND

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